

Curriculum Vitae

Nicolas Norbu Endres

Born 28th of August 1984 in Berlin

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Education

2025	Training as an Art of Hosting Facilitator
2020	Training as certified Coach at Business Trends Academy, Berlin
2020	Training as certified Agile Manager at Business Trends Academy, Berlin
2020	Training as certified Mediator at Business Trends Academy, Berlin
2013 – 2017	Study of the Master's program at Humboldt University , Mind and Brain (Neuroscience, Philosophy, Psychology), Track Brain, Degree: Master of Science in Mind and Brain
2008 – 2011	Study of psychology at the University of the West of England in Bristol, England, Degree: Bachelor of Science in Psychology
1995 – 2004	Attendance of Evangelisches Gymnasium zum Grauen Kloster in Berlin-Wilmersdorf, Degree: Abitur

Selected workplaces, foundations and engagements

01/2025 – 02/2025	Running a two-month residency in Southern Spain aimed at peer-to-peer support and regenerative practice
Since 2024	Working with The Hum as a trainer, coach and facilitator with decentralised organisations
08/2023 – 12/2023	Creation and teaching of an online course in Regenerative Teamwork for companies orientated towards the common good

07/2023 - 01/2024	Regenerative Spaces Project – an EU-funded collaboration with imu supporting companies orientated towards the common good
10/2021 – 01/2023	Fellowship with Reinventing Society e.V.
2021 – 2025	Creating and teaching course on meditation, science and philosophy called Inner Science
12/2021 – 03/2022	Leader of the „Mind-Body-Medicine Course“ at Immanuel-Krankenhaus, Berlin-Wannsee
Since 05/2020	Freelance work as coach, consultant and mediator for e.g. 5Meter, Nathanja & Heinrich, EDGE e.V., Bodhicharya e.V., bemyapp, Plan B...
04/2020 – 07/2023	Co-founder and co-manager of the self-organised and co-creative Co-working Space „CoopSpace“ (later renamed ImagoSpace) in Berlin-Kreuzberg
10/2018 – 01/2020	Course leader at Evangelische Schule Berlin Zentrum, grades 7-10 (13-15 years)
10/2018 – 12/2020	Researcher and adviser for 5Meter GbR developing a novel biofeedback algorithm and toy
10/2017 – 01/2020	Volunteer at the MIND foundation, working in the science committee and on organising a large-scale scientific conference
10/2017 – 03/2018	Lecturer at the Berlin School of Mind and Brain at Humboldt-University, Berlin; course was co-lectured with Dr. Vera Ludwig and entitled “Applying the scientific method directly to the mind – An introduction to the theory and practice of first-person methods”
06/2017 – 10/2017	Conception of a new university course entitled: “Applying the scientific method directly to the mind – An introduction to the theory and practice of first-person methods”
10/2012 – 04/2018	Assistant scientist at the Max-Planck-Institute for Human Cognition and Brain sciences at the satellite lab in Berlin. Main work was within the ReSource-Project, a longitudinal study on meditation

Selected workshops, scientific and popular talks

06/2025	Teaching a workshop on Community-Building in the Course Collective Futures at the University of Amsterdam
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05/2019	Presentation at the conference "First-person science" at University Witten/Herdecke ; talk entitled "Applying the scientific method directly to the mind – On the feasibility, necessary prerequisites and practical implications of a first-person science"
	Presentations at Wilde Möhre Festival:
2023	"Whatever the question, community is the answer"
2022	"(R)Evolution is an inside job"
2021	"The rediscovery of psychedelic science"
2020	"Meditation as science"
2018	"No-Self in theory and practice"
2017	"Project Mindlab – Introduction to the theory and practice of inner science"
2016	"Operational manual for a human consciousness"

Stipends

11/2017 – 04/2018	Qualification stipend from Humboldt-University in Berlin in the laboratory of Prof. Dr. Arno Villringer
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Stays abroad

09/2014 – 02/2015	ERASMUS-semester at the Universidad de Complutense in Madrid, Spain , reading courses in philosophy and psychology
09/2008 – 07/2011	Study of psychology at the University of the West of England in Bristol, England
01/2006 – 01/2007	Stay in Argentina , attending Spanish classes, working as a German teacher
08/2001 – 07/2002	Attending the senior year at Valencia High School in Saugus, California, USA

Miscellaneous

Languages	German (native speaker) English (very good skills) Spanish (good skills) Latin (Latinum) Ancient Greek (Graecum)
Computer skills	MS Word, Excel and PowerPoint (very good skills) SPSS (good skills)

Matlab (basic skills)
R (basic skills)

Hobbies

Piano, Drums, Meditation, Taichi, Yoga, Juggling,

Berlin, 10.07.2025