

## Curriculum Vitae

# Nicolas Norbu Endres

Born 28<sup>th</sup> of August 1984 in Berlin

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## Education

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2020	Training as <b>certified coach</b> at Business Trends Academy, Berlin
2020	Training as <b>certified agile manager</b> at Business Trends Academy, Berlin
2020	Training as <b>certified mediator</b> at Business Trends Academy, Berlin
2013 – 2017	Study of the Master's program at <b>Humboldt University</b> , Mind and Brain (Neuroscience, Philosophy, Psychology), Track Brain, Degree: <b>Master of Science in Mind and Brain</b>
2008 – 2011	Study of psychology at the <b>University of the West of England</b> in Bristol, England, Degree: <b>Bachelor of Science in Psychology</b>
1995 – 2004	Attendance of Evangelisches Gymnasium zum Grauen Kloster in Berlin-Wilmersdorf, Degree: Abitur

## Selected workplaces, foundations and engagements

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Since 10/2021	<b>Fellowship</b> with Reinventing Society e.V.
12/2021 – 03/2022	<b>Leader of the „Mind-Body-Medicine Course“</b> at Immanuel-Krankenhaus, Berlin-Wannsee
Since 05/2020	<b>Freelance work as coach, consultant and mediator</b> for e.g. 5Meter, Nathanja & Heinrich, EDGE e.V., Bodhicharya e.V., bemyapp, Calentura collective
Since 05/2020	<b>Co-founder</b> and <b>co-manager</b> of the self-organised and co-creative Co-working Space „CoopSpace“ in Berlin-Kreuzberg

- 10/2018 – 01/2020 **Course leader** at Evangelische Schule Berlin Zentrum, grades 7-10 (13-15 years)
- 10/2018 – 12/2020 **Researcher** and **adviser** for 5Meter GbR developing a novel biofeedback algorithm and toy
- 10/2017 – 01/2020 **Volunteer** at the MIND foundation, working in the science committee and on organising a large-scale scientific conference
- 10/2017 – 03/2018 **Lecturer** at the Berlin School of Mind and Brain at Humboldt-University, Berlin; course was co-lectured with Dr. Vera Ludwig and entitled "Applying the scientific method directly to the mind – An introduction to the theory and practice of first-person methods"
- 06/2017 – 10/2017 **Conception** of a new university course entitled: "Applying the scientific method directly to the mind – An introduction to the theory and practice of first-person methods"
- 10/2012 – 04/2018 **Assistant scientist** at the Max-Planck-Institute for Human Cognition and Brain sciences at the satellite lab in Berlin. Main work was within the ReSource-Project, a longitudinal study on meditation

## Scientific and popular talks

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- 05/2019 **Presentation** at the conference "First-person science" at University Witten/Herdecke; talk entitled "Applying the scientific method directly to the mind – On the feasibility, necessary prerequisites and practical implications of a first-person science"
- Presentations** at Wilde Möhre Festival:
- 2022 "(R)Evolution is an inside job"
- 2021 "The rediscovery of psychedelic science"
- 2020 "Meditation as science"
- 2018 "No-Self in theory and practice"
- 2017 "Project Mindlab – Introduction to the theory and practice of inner science"
- 2016 "Operational manual for a human consciousness"

## Stipends

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- 11/2017 – 04/2018 **Qualification stipend** from Humboldt-University in Berlin in the laboratory of Prof. Dr. Arno Villringer

## **Stays abroad**

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09/2014 – 02/2015	ERASMUS-semester at the Universidad de Complutense in Madrid, <b>Spain</b> , reading courses in philosophy and psychology
09/2008 – 07/2011	Study of psychology at the University of the West of England in Bristol, <b>England</b>
01/2006 – 01/2007	Stay in <b>Argentina</b> , attending Spanish classes, working as a German teacher
08/2001 – 07/2002	Attending the senior year at Valencia High School in Saugus, California, <b>USA</b>

## **Miscellaneous**

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Languages	German (native speaker) English (very good skills) Spanish (good skills) Latin (Latinum) Ancient Greek (Graecum)
Computer skills	MS Word, Excel and PowerPoint (very good skills) SPSS (good skills) Matlab (basic skills) R (basic skills)
Hobbies	Piano, Drums, Meditation, Taichi, Yoga, Juggling,

Berlin, 08.02.2023